



**TIMETABLE** As of 12 NOV 2010  
时间表

No	Gender	Cat.	Group	Date	Start Time	Lifters	Groups of Officials					
							Tech. Delegate	Jury	Weigh-In Officials	Doctors	Tech. Contrl.	Secr.
1	Men	56	B	SAT 13 NOV	12:30	7		1		1	1	2
2	Women	48	B	SAT 13 NOV	14:30	5		1		1	1	1
3	Men	56	A	SAT 13 NOV	16:30	9		2		1	2	2
4	Women	48	A	SAT 13 NOV	19:00	4		2		1	2	1
5	Men	62	B	SUN 14 NOV	12:30	8		2		1	2	2
6	Women	53	B	SUN 14 NOV	14:30	5		2		1	2	1
7	Men	62	A	SUN 14 NOV	16:30	8		1		1	1	2
8	Women	53	A	SUN 14 NOV	19:00	5		1		1	1	1
9	Men	69	B	MON 15 NOV	12:30	9		1		1	1	2
10	Women	58	B	MON 15 NOV	14:30	7		1		1	1	1
11	Men	69	A	MON 15 NOV	16:30	8		2		1	2	2
12	Women	58	A	MON 15 NOV	19:00	8		2		1	2	1
13	Men	77	B	TUE 16 NOV	12:30	6		2		1	2	2
14	Men	77	A	TUE 16 NOV	16:30	7		2		1	2	2
15	Women	63	A	TUE 16 NOV	19:00	6		1		1	1	1
16	Men	85	B	WED 17 NOV	12:30	7		1		1	1	2
17	Men	85	A	WED 17 NOV	16:30	6		1		1	1	2
18	Women	69	A	WED 17 NOV	19:00	8		2		1	2	1
19	Men	94	B	THU 18 NOV	12:30	10		2		1	2	2
20	Men	94	A	THU 18 NOV	16:30	8		2		1	2	2
21	Women	75	A	THU 18 NOV	19:00	9		1		1	1	1
22	Men	105	B	FRI 19 NOV	10:00	6		1		1	1	2
23	Men	+105	B	FRI 19 NOV	12:00	7		1		1	1	2
24	Men	105	A	FRI 19 NOV	14:30	6		1		1	1	2
25	Women	+75	A	FRI 19 NOV	17:00	6		2		1	2	1
26	Men	+105	A	FRI 19 NOV	19:00	5		2		1	2	2

**Note:**  
Typical duration of the Group A session with 12 lifters is app. 2 hours.